

# LUNCHTIME MENU

## Sharing Platters

**Ultimate combo** 🌶️🌶️ 19.95  
Chicken strips, spicy BBQ chicken wings, salt and pepper halloumi fries, skin-on fries, onion rings, rustic bread, fresh asian style slaw, buttered corn cobs and salad garnish

**Charcuterie** 18.95  
A delicious array of cold meats and cheeses including blue, brie & cheddar, Prosciutto Crudo, Milano Salami, Spianata Romana Salami mixed olives, pickles, mixed crackers & chutney, garnished with rocket & walnuts

**Nachos** 🌱🌶️🌶️  
Salted Corn Chips with layers of melted cheddar, mozzarella, sour cream, guacamole, chunky salsa & jalapenos.  
Add Beef Chilli? 3.95

**Dirty Fries** 🌱🌶️🌶️ 7.95  
A mixed bowl of skin on & sweet potato potato fries, covered in mozzarella & cheddar cheese, bourbon BBQ sauce, sour cream, and jalapeños  
Add Crispy Bacon? 1.25

## Jacket Potatoes

Crispy oven baked potatoes available from 12:00 - 17:00. Served with fresh salad garnish.

<b>Cheese &amp; Beans</b> 🌱	7.95
<b>Beans</b> 🌱	7.75
<b>Prawn &amp; Avocado</b>	8.95
<b>Tuna Mayo</b>	7.95
<b>Beef Chilli</b>	8.95
<b>Chicken &amp; Bacon Mayo</b>	7.95
<b>Add any extras:</b> cheese, bacon, Asian slaw,	£1.25

**Check our daily specials  
board**

## Sandwiches & Baguettes

Available from 12:00 - 17:00. Served with fresh salad garnish & lightly salted tortilla chips.

<b>Chicken Mayo &amp; Bacon</b>	6.95	7.95
<b>Pesto, Mozzarella &amp; Sundried Tomato</b>	6.75	7.75
<b>Ham Salad</b>	6.95	7.95
<b>Free range Egg Mayo</b>	5.95	6.95
<b>Prawn &amp; Avocado</b>	7.95	8.95
<b>Tuna mayo &amp; Salad</b>	6.95	7.95

**C&B Club Sandwich** 8.95  
Scrumptiously triple stacked sandwich with roast chicken breast, crispy bacon, cheddar cheese, fresh salad, mayo & BBQ side dip  
Add skin on fries? 2.95

## Mains

**Mussels** 🌶️\* for one 8.95 | for two 16.95

Moules Mariniere drenched in a creamy white wine and garlic sauce, served with rustic garlic bread

**Margarita Flatbread pizza** 🌱 10.95  
Mozzarella, Chef's IOW tomato base & fresh basil leaves

**Classic Fish & Chips** 14.75  
Scottish Cod Battered in local ale & served with chunky chips, Chef's tartare sauce & garden or mushy peas

**Gourmet Beef Burger** 14.95  
Our Homemade 8oz beef burger packed with cheddar, mozzarella, crispy bacon, tomato & salad. Served with a stack of onion rings, fries & fresh Asian style Slaw

**Southern Fried Chicken Burger** 14.75  
packed with cheddar, mozzarella, crispy bacon, tomato & salad. Served with a stack of onion rings, fries & fresh Asian style Slaw

## Super Salads

<b>Caesar</b> 🌶️*	Chicken, diced bacon, Caesar dressing, parmesan shavings, mixed leaf salad & croutons	11.95
<b>Prawn &amp; Avo</b> 🌶️	Prawn & avocado, tomatoes, mixed leaf salad with a drizzle of Mary Rose sauce	11.95
<b>Rainbow</b> 🌱🌶️	Humous, carrot, beetroot, pine nuts, sunflower seeds, mixed leaf & rocket, with a balsamic glaze	10.50

# Cavanagh & Baker

EAT • DRINK • ENJOY

## Starters

Bread, Oil & Balsamic vinegar	3.95
Mixed Olive Bowl	4.50
Yakitori Chicken	
Japanese-inspired grilled chicken & pak choi skewer with garlic soy sauce, sake & sesame marinade	6.75
Portabello Mushrooms   *	6.25
Delicious Portobellos stuffed with fresh tomato ragu, wilted spinach & goats cheese	
Salt & Pepper Halloumi Fries  	5.95
Stacked halloumi fries & a sweet chilli dip with spring onions & chilli	
Buffalo Chicken Wings  	6.95
Tasty wings tossed in Buffalo Hot or Sticky BBQ sauce & side of cool Blue Cheese dip	
Mussels  * for one 8.95  for two 16.95	
Moules Mariniere drenched in a creamy white wine and garlic sauce, served with rustic garlic bread	
Caprese Salad	6.25
sliced fresh mozzarella, buffalo tomatoes, and sweet basil, seasoned with salt, and drizzled with olive oil & pesto	

## Sides

Garlic Bread	3.95
Cheesy Garlic bread	4.50
Skin-on Fries	3.50
House Salad	3.50
Onion Rings	3.95
Tenderstem Broccoli	3.75
Sweet Potato Fries	3.95

check our Daily  
Specials board

## Mains

Honey & Garlic Salmon	15.95
Pan-fried salmon fillet in delicious honey, garlic and soy sauce served with wild rice and tenderstem broccoli	
Mediterranean Tart 	13.95
Packed full of peppers, tomato onions, basil, oregano, and pumpkin seeds. served with summer salad, cut new potatoes & homemade tomato pouring sauce	
House BBQ Ribs  *	18.95
Stacked BBQ ribs slathered our most delicious sticky barbecue sauce, with a kick of garlic, fries, onion rings, mixed leaf garnish, Asian slaw & and extra BBQ dip	
Chicken Parmigiana	14.95
Succulent panko breaded butterfly chicken breast baked in Chef's IOW tomato sauce, mozzarella, Parmesan, on a bed of creamy onion & garlic linguine	
8oz Sirloin Steak  *	21.95
28 day matured beef cut served with chunky chips, mushroom, peas, tomato & onion rings Add a freshly made sauce, choose from: Blue Cheese , Diane or Peppercorn sauce for £2.50	
Lasagne al Forno	14.75
Traditional style layered beef lasagne, served with rustic garlic bread & mixed salad garnish	
Moroccan Veg Tagine 	12.95
Sweet potatoes, fragrantly spiced Mediterranean vegetables, apricot, harissa and honey served with aromatic cous cous	
Add Chicken?	3.00
Classic Fish & Chips	14.75
Scottish Cod Battered in local ale & served with chunky chips, Chef's tartare sauce & garden peas	
Gourmet Beef Burger	14.95
Our Homemade 8oz beef burger packed with cheddar, mozzarella, crispy bacon, tomato & salad. Served with a stack of onion rings, fries & fresh Asian style Slaw	
Chicken Caesar Salad  *	12.95
Chicken, diced bacon, Caesar dressing, parmesan shavings, mixed leaf salad & croutons	

Please note that all our food is prepared and cooked fresh on premises .If you are in a hurry, have any allergies or queries please bring it to our attention and we will do our utmost to accommodate you. Service is not included and any gratuities go directly to the staff serving you.

 Gluten free \* Modified to GF  Vegan  Vegetarian  Heat Level